

Residential Medication Management Review (RMMR)



What is it?

An RMMR is a way for your Clinical Pharmacist and GP to “do a check-up” on your medicines. Ward Medication Management (WardMM) provide these services in your home. We are independent of your supply pharmacy and can provide a fresh look at your medications.

Your WardMM Pharmacist will help rationalise your medications to ensure they are being used effectively whilst avoiding any unwanted side effects or harm.

Do I need a Residential Medication Management Review?

An RMMR is useful for anyone who is taking medicines that may inadvertently be causing you harm.

Am I eligible?

An RMMR is available to everyone at the time of moving to an Aged Care Home. In addition, an RMMR can be performed on request from your GP or Medical Specialist where they believe you may be at risk of medication related harm.

For every initial comprehensive medication review conducted, a further two follow up reviews can occur, if you need them.

What's the cost?

RMMRs are free, provided you have a current Medicare or DVA card and are a permanent resident of the home.

The process will review:

- ✓ Medicines that need monitoring of their effects on your body
- ✓ Medicines that are likely to have serious interactions with other medicines
- ✓ Check for unwanted side effects that may be caused by your medicines and could be avoided

RMMR Key Stages

1 GP or Medical Specialist refers you for a medication review

If you have newly joined an Aged Care Home or your GP or Medical Specialist believes you would benefit from a medication review, they will send us a referral. You, or your next of kin, will have the choice of whether or not you consent to the review.

2 Ward MM Clinical Pharmacist conducts review of current medications

- WardMM Clinical Pharmacist reviews your medications and symptoms, and your care goals
- Based on this review they write a report which is sent to your GP and Medical Specialist (if they sent the initial referral).
- The report will recommend the medications and doses which are right for you, limiting side effects where possible.
- If medications could be causing you harm or are not essential we may recommend stopping them.
- We may also decide that we need to follow up with you and your carers on our recommendations and we are able to do that twice in a 9-month time frame.

3 GP or Medical Specialist reviews recommendation report & alters your medications

Your GP or Medical Specialist will ultimately determine which medications are best for you. Where appropriate, prescriptions are altered based on the report, and the supply pharmacy and your Aged Care Home are informed of these changes.

How do I apply for an RMMR?

If you would like an RMMR let the staff at your home know so they can provide you with the [referral form](#) which you give to your GP to sign, and a [consent form](#) for you or your next of kin to complete

Need help? We can support you in the process, just get in touch:



Call us today:
1800 927 366



Send us an email:
info@wardmm.com.au



Find out more online:
www.wardmm.com.au