

Home Medicine Review (HMR)



What is it?

A Home Medicine Review is a way for your clinical pharmacist and GP, or Medical Specialist, to “do a check-up” on your medicines.

A Ward MM clinical pharmacist will help simplify your medicines to ensure they are being used effectively whilst avoiding any unwanted side effects or harm.



Am I eligible?

A Home Medicine Review is available to anyone living independently and potentially at risk of experiencing medication related harm.

For every initial comprehensive medicine review conducted, a further two follow up reviews can occur, if you need them.



What's the cost?

A Home Medicine Review is fully funded by Government, providing you have a current Medicare or Department of Veteran's Affairs card.

Do I need a Home Medicine Review?

HMR services could be appropriate where:

- ✓ Medicines don't appear to be having the desired effect.
- ✓ Change in medical condition or abilities (including falls, cognition, physical function).
- ✓ Taking high-risk medications (e.g. opioids, psychotropics, insulin, anticoagulants, antibiotics, NSAIDs).
- ✓ Experiencing symptoms that might be due to a drug reaction (e.g. dizziness, difficulty swallowing, swelling, rash, body aches).
- ✓ Recent discharge from hospital after an unplanned admission.
- ✓ Significant change to your medications.
- ✓ Difficulty in taking medication.

Home Medicine Review Key Stages

1 Referral is sent to Ward MM

Visit your GP or Medical Specialist to request a referral for a Home Medicine Review.

2 Ward MM arranges a visit

A highly trained Ward MM Clinical Pharmacist will arrange an appointment with you.

3 Discuss medications at home

Ward MM Clinical Pharmacist visits your home, or calls you using Telehealth (phone or video), to discuss your medicines and any potential side-effects you may be experiencing.

Your WardMM Clinical Pharmacist can also help ensure your medications are stored appropriately and that you are administering them correctly. We can also help remove any out of date medicines from your home.

4 Recommendations Made

Your Ward MM Clinical Pharmacist reviews your current medicines to create a report which is sent to your GP and, if relevant, Medical Specialist, for review. This report will recommend the medicines and doses which are right for you, limiting side effects where possible.

If medicines are potentially causing you harm or not essential, your Ward MM Clinical Pharmacist may recommend stopping them.

5 Changes Made and Potential Follow Up

GP or Medical Specialist reviews recommendation report and alters your medication prescriptions based on the report and discusses these with you.

If needed, your Ward MM Clinical Pharmacist can conduct up to two follow up reviews to see whether the changes have had the desired effect.

How do I apply for a Home Medicine Review?

If you would like a Home Medicine Review, download the [referral form](#) and discuss your need for an HMR with your GP.

Need help? We can support you in the process, just get in touch:



Call us today:
1800 927 366



Send us an email:
info@wardmm.com.au



Find out more online:
www.wardmm.com.au