

Home Medicine Review (HMR)



What is it?

A Home Medicine Review is a way for your pharmacist and GP to “do a check-up” on your medicines. A Ward MM pharmacist will help rationalise your medications to ensure medicines are being used effectively whilst avoiding any unwanted side effects or harm.

Am I eligible?

A Home Medicine Review is available to anyone living independently and are at risk of experiencing medication misadventure.

What's the cost?

A Home Medicine Review is free, providing you have a current Medicare or Department of Veteran's Affairs card.

The Australian Government will fund one Home Medicine Review every two years or on request from your GP following a clinical incident such as a fall or hospital visit.

Do I need a Home Medicine Review?

HMR services are appropriate for people who are:

- ✓ Currently taking five or more regular medicines
- ✓ Taking more than 12 doses of medicine per day
- ✓ Experiencing significant changes to their medicine regimen (in the last three months)
- ✓ Recently discharged from hospital
- ✓ Taking medicine with a narrow therapeutic index or that requires therapeutic monitoring
- ✓ Experiencing symptoms suggestive of an adverse medicine reaction
- ✓ Having difficulty managing their own medicines because of low level literacy and language skills or impaired sight
- ✓ Attending a number of different doctors, both general practitioners and specialists

Home Medicine Review Key Stages

1 GP completes Referral Form

Visit your GP to request a referral form for a Home Medicine Review.

2 Ward MM arranges a home visit

A highly trained Ward MM Clinical Pharmacist will arrange a visit to your home.

3 Discuss medications at home

Ward MM Clinical Pharmacists visits your home to discuss your medications and any potential side-effects you may be experiencing as a result of your medication.

Your WardMM Pharmacist can also help ensure your medications are stored appropriately and that you are administering them correctly. Plus help remove any outdated medicines from your home.

4 Ward MM reviews & reports meds

A Ward MM Clinical Pharmacist conducts review of current medications to create a recommendation report which is sent to your GP for review. This report will recommend the medicines and doses are right for you, limiting side effects where possible.

If medicines are potentially causing you harm or not essential your Ward MM Clinical Pharmacist may recommend stopping them.

5 Recommending changes

GP reviews recommendation report and alters your medication prescriptions based on the report and a discussion with you and your family. Supply pharmacist is then informed of changes.

How do I apply for a Home Medicine Review?

If you would like a Home Medicine Review, download the [GP referral form](#) and discuss your need for an HMR with your GP.

Need help? We can support you in the process, just get in touch:



Call us today:
1800 927 366



Send us an email:
info@wardmm.com.au



Find out more online:
www.wardmm.com.au