

# Residential Medication Management Reviews (RMMRs)

## Advice for Aged Care Homes



### What is it?

RMMRs are a way for your Ward MM Clinical Pharmacist to provide independent expert medication advice to GPs and Medical Specialists in relation to specific residents in your home.

A Ward MM Pharmacist will help rationalise your residents' medications to ensure they are being used effectively whilst avoiding any unwanted side effects or harm.

### Who is eligible?

On request by a GP or Medical Specialist, and with the consent of the resident, an RMMR is available to:

- New admissions to an Aged Care Home.
- Residents who may be at risk of medication related harm.

For every initial comprehensive medication review conducted, a further two follow up reviews can occur, if the resident needs them.

### What's the cost?

RMMRs are free, provided your resident has a current Medicare or DVA card and are a permanent resident of the home.

### Potential reasons for an RMMR:

- ✓ Medications don't appear to be having the desired effect.
- ✓ Resident has condition associated with high risk of unplanned hospital admissions (eg heart failure).
- ✓ Resident has 3+ chronic conditions.
- ✓ Recent discharge from hospital.
- ✓ Significant change to medication regimen.
- ✓ Taking high-risk medications (eg opioids, psychotropics, insulin, anticoagulants, antibiotics, NSAIDs).
- ✓ Resident has functional issues (frailty, frequent falls, cognitive impairment, swallowing difficulty).
- ✓ Symptoms of adverse drug reaction.

## RMMR Key Stages

### 1 GP or Medical Specialist refers resident for an RMMR

Ensure your resident has consented to medication reviews being conducted to support their care.

If you believe your resident may benefit from a medication review, advise their GP and/or Medical Specialist (eg Pain Specialist, Specialist Psychiatrist or Specialist in Palliative Medicine).

The GP or Medical Specialist will send a referral to Ward MM to conduct the medication review.

### 2 Ward MM Clinical Pharmacist conducts review of current medications

Ward MM Clinical Pharmacist reviews your resident's care goals, medications and symptoms. This review may be conducted by Telehealth if required.

Based on this review they write a report which is sent to the referring medical practitioner.

A copy of the report will be uploaded to your Ward MM dashboard.

### 3 GP reviews recommendation report and alters your medications

Your resident's GP or Medical Specialist will ultimately determine which medications are best for your resident and will create a medication plan accordingly.

Where relevant, a follow up review will be conducted by the Ward MM Clinical Pharmacist (up to two within a 9 month time-frame).

These follow ups allow the clinical pharmacist to determine whether the recommendations have been successful and whether further changes are required.

## How do I request an RMMR?

Download the [Referral form](#) and discuss your residents need for an RMMR with their GP or Medical Specialist today.

Need help? We can support you in the process, just get in touch:



Call us today:  
**1800 927 366**



Send us an email:  
**[info@wardmm.com.au](mailto:info@wardmm.com.au)**



Find out more online:  
**[www.wardmm.com.au](http://www.wardmm.com.au)**