

Residential Medication Management Review (RMMR)



What is it?

An RMMR is a way for your Pharmacist and GP to “do a check-up” on your medicines.

A Ward MM Pharmacist will help rationalise your medications to ensure medicines are being used effectively whilst avoiding any unwanted side effects or harm.

Am I eligible?

An RMMR is available to everyone at the time of moving to an Aged Care Home. An RMMR can then be performed by your Ward MM Pharmacist every 2 years or on request from your GP following a clinical incident such as a fall.

What's the cost?

RMMRs are free, providing you have a current Medicare or DVA card and are a permanent resident of the facility.

Do I need a Residential Medication Management Review?

An RMMR is useful for anyone who is taking 5 or more regular medicines.

The process will review:

- ✓ Medicines that need monitoring of their effects on your body
- ✓ Medicines that are likely to have serious interactions with other medicines
- ✓ Check for unwanted side effects that may be caused by your medicines and could be avoided

RMMR Key Stages

1 Resident joins Aged Care Home or GP completes referral form

GP reviews recommendation report and alters your medication prescriptions based on the report and a discussion with you and your family. Supply Pharmacist is then informed of changes.

2 Ward MM Clinical Pharmacist conducts review of current medications

GP patient notes to create a recommendation report which is sent to your GP for review.

This report will recommend the medicines and doses are right for you, limiting side effects where possible.

If medicines are potentially causing you harm or not essential your Ward MM Clinical Pharmacist may recommend stopping them.

3 GP reviews recommendation report and alters your medication

Prescriptions are altered based on the report and a discussion with you and your family. Pharmacist and Aged Care Home staff are then informed of changes.

How do I apply for an RMMR?

If you would like an RMMR download the [GP referral form](#) and discuss your need for an RMMR with your GP today.

Need help? We can support you in the process, just get in touch:



Call us today:
1800 927 366



Send us an email:
info@wardmm.com.au



Find out more online:
www.wardmm.com.au