Your medication could be restricting your independence

- Stay at home longer
- Improve your quality of life

Thrive can be funded by a government Home Care Package.
Without proper medication management you may suffer from negative side effects that require you to visit your doctor more frequently and hold you back from living your best life.

Do you suffer from:

- Constant pain
- Mental fogginess
- Swollen ankles
- Dizzy spells
- Drowsiness
- Frequent toilet visits
- Constipation
- Dry mouth

Did you know these could be caused by your medication?

Taking 5 or more medications regularly? If so, there is an 88% likelihood you are experiencing adverse effects*.

DID YOU KNOW?

30% of hospital admissions for people over 65 are medication-related.*
Ward MM Thrive is an ongoing personalised medication plan.

This service is provided by a highly trained clinical pharmacist and proactively prevents side-effects to optimize your medication.

Can be funded by a government Home Care Package.

Prices starting from $72 per week.

3 month, 6 month, 12 month subscription options.
Introducing Ward MM Thrive

**Personalised online plan**
Your Thrive plan will be available to you online. Here you can access your personal medication data. Your data is secure and will not be shared with anyone but you.

**DNA testing**
Helping to find the right medication for you
Our bodies have an individual reaction to each medication based on our genes. Ward MM will test your DNA to determine the correct medication and dosage for you.

A DNA test is a non-invasive process involving a cotton bud swab taken from your mouth. Privacy and data security protocols will keep your DNA data safe.

**Medication coaching**
Your Ward MM clinical pharmacist will check in with you regularly and provide you with help to remember how and when to take your medicines. Plus make sure your medications are up to date and that you’re confident as to how to store them.

Free 1800 phone number to call anytime with medication questions.

**24/7 personalised and qualified support**
How we’ve helped Mary# Thrive!

Mary, a keen gardener, had lost confidence and had stopped working in the garden since she had started experiencing frequent falls. The most recent fall resulted in an extended stay in hospital and was the catalyst for Mary to try Thrive. After just two months Mary is experiencing benefits including:

- **Reduced medication from 13 to 8 pills**
- **Savings of $51.95 on her monthly pharmacy bill**
- **Dramatically decreased risk of falling**
- **Elevated mood, improved alertness and more relaxed**

After talking to Mary about her concerns and desired outcomes, her Ward MM clinical pharmacist created Mary’s Thrive plan by reviewing her DNA, medical history and recent test results. Mary’s Thrive plan was agreed with her GP and specialist doctors.

Mary’s DNA results showed her body metabolises Nexium really quickly which meant Mary was not gaining any benefit from the medication. Based on these results Mary stopped taking Nexium, as well as a number of other medications.
Ward MM is Australia’s leading provider of Medication Management

Founded over 20 years ago by clinical pharmacist, Sue Ward. Our highly qualified team of clinical pharmacists care for over 27,000 elderly Australians. We are the guardians of safe and appropriate use of medication.

Sources:
# Mary’s name and photo has been changed for privacy reasons